

Space must be reserved prior to 5:00 PM on the dates listed.

Edition Month	Monthly Special Focus/ Editorial Calendar	Maryland Ed. <i>Prince George's County Anne Arundel County Howard County Charles/St. Mary's/Calvert Montgomery County</i>	Virginia Ed. <i>Arlington County Fairfax County Loudoun County Prince William County Alexandria</i>	Washington DC Edition
JANUARY	<ul style="list-style-type: none"> • Biographies - Meet Your Local Health Professionals 	December 8th	December 22nd	-----
FEBRUARY	<ul style="list-style-type: none"> • Cardio Health, Diabetes, Stroke + Nutrition/Exercise • Mental Health 	January 12th	January 26th	-----
MARCH	<ul style="list-style-type: none"> • Complementary & Integrative Healthcare • Colon Cancer Awareness Month 	February 9th	February 23rd	-----
APRIL	<ul style="list-style-type: none"> • Beauty, Skin Care & Gorgeous Smiles • Women's Health 	March 16th	March 30th	-----
MAY	<ul style="list-style-type: none"> • Vision and Eye Care • Senior Living 	April 13st	April 27st	-----
JUNE	<ul style="list-style-type: none"> • Pain Management & Rehabilitation • Health Technology 	May 11th	May 25th	-----
JULY	<ul style="list-style-type: none"> • Biographies - Meet Your Local Health Professionals 	June 15th	June 29th	-----
AUGUST	<ul style="list-style-type: none"> • Women's Healthcare • Women In Healthcare 	July 13th	July 27th	-----
SEPTEMBER	<ul style="list-style-type: none"> • Dental Health • Weight Control, Exercise & Nutrition 	August 17th	August 31st	-----
OCTOBER	<ul style="list-style-type: none"> • Cancer Awareness • Health Technology 	September 14th	September 28th	September 28th
NOVEMBER	<ul style="list-style-type: none"> • Beauty, Skin Care & Gorgeous Smiles • Women's Health 	October 12th	October 26th	October 26th
DECEMBER	<ul style="list-style-type: none"> • Healthy Holidays • New Year, New You! 	November 9th	November 30th	November 30th

*DEADLINES are subject to change for circumstances beyond control of the publisher.

JANUARY 2023 DEADLINES: 12/14 (Maryland) and 1/4 (DC & Virginia).

Our Mission is to *Make a Difference Empowering and Encouraging People To Live Healthier By Going To the Doctor*

An Exclusive Page is a full page dedicated to your information – your article wraps around your ad on a full page display.

A **Cover Feature** is a combination front cover photo and half page feature inside the magazine.

A **Biography** is a sixth page biography display, which includes your degrees, training, professional memberships, practice philosophy and personal interests with a front cover photo option.

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